



Dementia Friendly Communities Survey

1. Welcome to our Dementia Friendly Communities Survey

The purpose of this survey is to find out what life is like for people living with dementia in the Forest of Dean District - to understand better what is good, what is challenging and what would be helpful.

When we say 'people living with dementia' we mean:

People with a diagnosis and people going through the process of getting a diagnosis who live

- at home in the Forest of Dean area
- in a nursing or care home (either in the Forest of Dean or another area)

and people directly supporting someone (carers, family members, friends) who are living with dementia who live

- in the Forest of Dean area or another part of the country
- in a nursing or care home (either in the Forest of Dean or another area)

We also want to hear from you if you have experience of dementia or are passionate about making life better for people with dementia - please tell us your thoughts via this survey.

The Forest of Dean Dementia Action Alliance is a partnership of organisations and individuals who are working together to:

- Make sure that everyone in the district living with dementia is respected and supported to continue to enjoy living their lives in their own community as well as possible, for as long as possible
- To support the wider community to understand dementia and inspire and enable people to do things which contribute to a dementia friendly community, which are generally more welcoming communities
- To develop an informal network of local community champions who will support each other and the wider community.

We recognise that people experience dementia in different ways and we would like to hear your thoughts on this.

You can contact the Forest of Dean Dementia Action Alliance via Lena Maller on telephone 01594 812609 and email lena.maller@fdean.gov.uk for further information or if you would like help completing the survey.

Thank you for taking part in our survey. Your feedback is important.



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2. All About You

* 1. Are you:

- the person living with dementia
- a carer
- a friend
- a family member
- other (please specify)

* 2. Where do you live?

3. If you are a carer, friend or family member, where does the person with dementia live?

4. Please tell us about your community in the Forest of Dean.

What's good?

What's challenging?

What would be helpful?



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3. All About Your Community

* 5. **Social Groups/Activities:** Would you like to see more dementia friendly social or recreational activities for people with dementia and/or their carers? (e.g. arts and crafts, outdoor recreation, sports, singing).

Yes

No

If no, please say why

* 6. **Nature:** Evidence shows that being outdoors/connecting to nature is beneficial for everyone. Would you like to see more provision of dementia friendly outdoor activities for people with dementia and/or their carers? (e.g. walking, cycling, fishing, visits to nature reserves).

Yes

No

If no, please say why

7. If yes, what activity or activities would you like to see more of?

- arts and crafts
- outdoor recreation
- sports
- singing
- walking
- cycling
- fishing
- visits to nature reserves
- gardening
- Other (please specify)

8. If yes, how long would you like activities to last?

- 1 hour
- 2 hours
- 3 hours
- Other (please specify)

9. Forest of Dean Dementia Action Alliance is working to improve people's physical access to places. We've developed a checklist which can be accessed both electronically and manually. Members of the Dementia Action Alliance are currently using this to review their own community accessible spaces. To download a copy or find out more about the Alliance visit www.fdean.gov.uk/ and search for dementia.

Have you or the person you care for experienced difficulties getting around any of the places listed below?

- Shops
- Village Halls
- Public Toilets
- Buses
- Libraries
- Churches
- Lunch Club/Friendship Group
- Other (please specify)

10. Please tell us more about any places you've had difficulty getting around.

* 11. **Dementia Friendly Towns:** an Alzheimer's Society survey showed that almost 80% of people with dementia listed shopping as their favourite activity. However, 63% of people surveyed didn't think that shops were doing enough to help people with dementia.

Is your village/town dementia friendly in your opinion?

Yes

No

12. Please name your village/town where do you like to shop

13. Forest of Dean Dementia Action Alliance is delivering awareness sessions in communities, organisations, groups and in schools. This is because people need information and education to enable them to understand and respond to dementia effectively.

Is there a place listed below you visit where you think that the staff would benefit from this kind of training?

Doctor's Surgery/Dentist/Optician

Leisure Centre

Church

Village Hall/Community Centre

Shop

Library

Café/Restaurant/Pub

Other (please specify)

14. Please tell us the name of the place from the above list and where it is. We will then offer training to staff at this location.



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4. Getting Involved

* 15. Would you like to get more involved in making your community more dementia friendly (share how you feel and use your skills, knowledge and experiences to make a difference for others)?

Yes

No

16. Young Onset Dementia: if someone is under 65 and living with dementia (either the person with the diagnosis (formal or informal) or the carer) your needs are likely to be different - i.e. you may be working full time and need different support.

If this applies to you, would you like to meet up with others locally?

Yes

No

* 17. The Forest of Dean Dementia Action Alliance will be holding a launch event later this year to showcase some of the work that is being developed, to review the survey results and plan next steps.

Would you like an invitation to this event and to be kept informed about our work?

Yes

No

* 18. A Dementia Link is a person who is trained in dementia awareness, is invited to forums, can deliver awareness sessions in their own community, has access to free resources i.e. the dementia board game and is given support to enable activities in their communities.

Would you like to find out more about becoming a Dementia Link person?

Yes

No

19. If you have answered yes to any of the above questions about getting involved or receiving further information, please give us your contact details.

Data Protection Act 1998: How we use your information

We collect and hold personal information provided by you when you complete this survey, including your contact details. We use this personal data to:

- contact you if you would like to get more involved
- contact you if you have young onset dementia and would like to meet up with others locally
- send you an invitation to our launch event
- contact you if you would like to find out more about becoming a Dementia Link person

If you want to know more about how we use your information, please contact Lena Maller on telephone 01594 812609 or email lena.maller@fdean.gov.uk

Name	<input type="text"/>
Address	<input type="text"/>
Address 2	<input type="text"/>
City/Town	<input type="text"/>
County	<input type="text"/>
Postcode	<input type="text"/>
Email Address	<input type="text"/>
Phone Number	<input type="text"/>
Mobile Phone Number	<input type="text"/>